



Wouldn't you like to have peace of mind in retirement?

Having insured benefits coverage can offer you a level of comfort knowing that you, your spouse, and eligible dependants will be properly protected and cared for.

As a retired member, or a surviving spouse of a member of the PSPP, you may be eligible to receive insured medical benefits in retirement depending on your length of service and your ability to meet certain criteria. In this booklet, we provide you with general information about these benefits, your eligibility, and how to best access them.

We will cover the following topics:

- About insured benefits
- What are Optional Upgrades?
- Are you eligible?
- What coverage is available?
- Effective and ending dates for coverage
- Who does what?

About insured benefits

The Government of Ontario provides **eligible PSPP retired members** and their eligible spouses and dependants with insured medical benefits coverage through Canada Life.

- It's important to know that insured benefits are not part of the PSPP's pension benefits and are determined by the Government of Ontario.

Are you eligible?

Eligibility for insured benefits coverage is dependent on your employer, length of service, retirement date, and other criteria. **This booklet is specific to First Nations Officers only.**

Key considerations

- If you are receiving a pension from both the PSPP and the OPSEU Pension Plan, your combined pension credit in both plans will count toward your eligibility criteria.
- If you are a part-time, seasonal, or unclassified employee, when we say "pension credit" in the eligibility table below, we mean "continuous service with some pension credit in each year".

Definitions

Here are some key definitions you should know:

- **Date of hire** – This is the date when you first became employed by the Ontario government either with your current or a prior employer.
- **Immediate unreduced pension** – This is the type of pension you'll receive if you retire after reaching your earliest unreduced retirement date or age 65. It is not subject to any reductions for early retirement and payment starts the month after you end your employment with your PSPP employer.

First Nations Officers eligibility

Date of hire	Criteria	Pension commencement date	Coverage and responsibility for premiums
Before January 1, 2018	<ul style="list-style-type: none"> 10 years of pension credit at retirement Retire with any type of pension 	Before January 1, 2017	Legacy Plan (157836) 100% paid by the Government of Ontario
Before January 1, 2018	<ul style="list-style-type: none"> 10 years of pension credit at retirement Retire with any type of pension 	On or after January 1, 2017	Legacy Plan (169493) 100% paid by the Government of Ontario
On or after January 1, 2018	<ul style="list-style-type: none"> 20 years of pension credit at retirement Retire with an immediate unreduced pension 	After January 1, 2018	Legacy Plan (169493) 50-50 cost-share
On or after January 1, 2018	<ul style="list-style-type: none"> 20 years of pension credit at retirement Retire with a reduced pension or from a deferred status 	After January 1, 2018	Legacy Plan (169493) 100% paid by the retiree/survivor

What coverage is available?

Insured benefits coverage includes:

- Supplementary health and hospital coverage (SH&H)
- Vision and hearing aid coverage
- Dental care
- Basic Life Insurance

The coverage tables that follow show specific coverage based on your policy number (see page 3).

Legacy Plan

- Policy numbers 157836 or 169493

How to make changes to your coverage

The following forms are available on our website at OPB.ca.

- To apply for insured benefits coverage, name life insurance beneficiaries and to confirm your dependant information, complete an **OPB 1122 - Post-Retirement Insured Benefits Application Form**.
- To make changes to your personal information, change between Single and Family coverage, or switch plan coverage, complete an **OPB 1004 - Retired Member Information Change Form**.
- To change your beneficiaries for Basic Life Insurance (BLI) and Supplementary Life Insurance (SLI), complete an **OPB 1060 - Designating Life Insurance Beneficiaries Form**.

Effective and end dates of coverage

This table summarizes the effective start and end dates for your insured benefits. For Optional Upgrades effective and end dates of coverage, please refer to the insured benefits section on our website.

Date	Description
Effective date for coverage	<ul style="list-style-type: none">The first day of the month you are entitled to receive a pension payment
End date for retired member or dependants	<ul style="list-style-type: none">The date of death of the retired member, ORThe date the pension is suspended due to re-employment and re-enrolment in the PSPP of a retired member
End date for surviving spouse in receipt of a survivor pension	<ul style="list-style-type: none">The date of death of the surviving spouse
End date for a dependant child in receipt of a pension from the PSPP	<ul style="list-style-type: none">The date the child is no longer considered to be a dependant child, ORThe date of death of the dependant child

Insured Benefits Coverage

The following provides an overview of coverage.

Health

Service	Legacy Plan	Other coverage sources
Drugs	<ul style="list-style-type: none">Reimbursement - 90% coverage for eligible submitted drug costs – no annual maximum – per covered personDeductible: \$3 per Drug Identification Number (DIN)Drug card accessGeneric product pricing – purchased product costCoverage for Ontario Drug Benefit (ODB) Deductibles	<ul style="list-style-type: none">ODB – primary payor as at age 65, for drugs on a defined formulary. Deductibles apply based on single/ family incomeThe Ministry of Health and Long-Term Care Trillium Plans and Exceptional Access Program may also offer assistance for high-cost drugs and products that are not on the ODB formulary
Hospital	<p>In respect of a Convalescent Hospital or Chronic Care Facility,</p> <ul style="list-style-type: none">\$120.00 for a patient who has not yet attained their 65th birthday, and\$25.00 and up to 120 days in a calendar year for a patient who has attained their 65th birthday.	<ul style="list-style-type: none">Standard ward care – covered by OHIP

Service	Legacy Plan	Other coverage sources
Paramedical	<ul style="list-style-type: none"> • Massage Therapist, Physiotherapist, Naturopath, Osteopath, Chiropractor and Podiatrist; \$35 per visit to a max \$1,200/yr per patient, per provider • Speech Therapist: \$35 per half-hour visit, to a max of \$1,400 per year per patient. • Psychologist and/or social worker with a Master's Degree in Social Work: \$80 per half-hour visit, to a max of \$1,600 per year per patient. 	<ul style="list-style-type: none"> • OHIP coverage at age 65 for podiatrist, and for post hospital physiotherapy • Speech Therapy in hospital - OHIP
Vision Care	<ul style="list-style-type: none"> • Max \$340 + cost of one routine eye exam/24 months • Deductible \$10/single, \$20/ Family - combined with Hearing Aids 	<ul style="list-style-type: none"> • OHIP annual routine eye exam coverage at age 65, or earlier, for certain conditions
Hearing Aids	<ul style="list-style-type: none"> • Max \$1200/ four years. Deductible: \$10/Single,\$20/ Family - combined with vision care 	<ul style="list-style-type: none"> • Assistive Devices Program (ADP) – provides 75% for some expenses. Group plans supplement ADP
Orthotic Appliances and Orthopaedic Shoes	<ul style="list-style-type: none"> • Orthopaedic shoes: 75% of the cost of one pair/repair to a maximum of \$500/yr., per product • Orthotic Appliances: 100% of cost to a maximum \$500/yr 	<ul style="list-style-type: none"> • ADP Coverage for orthotic appliances
Diabetic Appliances and Supplies	<ul style="list-style-type: none"> • Blood Glucose Monitor - \$400/four yrs • Insulin Infusion Pump: \$2,000/five yrs • Jet Injectors: \$1,000/life • Appliances related supplies: \$2,000/year 	<ul style="list-style-type: none"> • ADP Coverage for appliances
Private Duty Nursing	<ul style="list-style-type: none"> • 100% of cost, subject to reasonable and customary charge 	<ul style="list-style-type: none"> • Not applicable
Other Health Services/Supplies	<ul style="list-style-type: none"> • 100% of cost – subject to reasonable and customary charges – unless otherwise specified. Items include: ambulance services, wheelchair rentals, hospital bed purchases, casts, braces prosthetics, among other services. 	<ul style="list-style-type: none"> • ADP coverage for some equipment (e.g. CPAP machines, wheelchairs)

Dental

Service	Legacy Plan
Deductible	<ul style="list-style-type: none">• \$50/yr. Single or Family
Basic Dental	<ul style="list-style-type: none">• 85% coverage - Unlimited
Dentures/Major Restorative	<ul style="list-style-type: none">• Dentures: 50% to \$3,000/lifetime per person• Major restorative: 50% to \$2,000/yr per person
Orthodontic	<ul style="list-style-type: none">• 50% to max \$3,000/lifetime per child age six to 18

Basic Life Insurance (BLI)

- \$2,000.00 per eligible retiree
- Premiums paid 100% by the Government
- Option to waive coverage

Legacy Plan and Retiree-Focused Plan premiums effective June 1, 2025

— includes 8% Retail Sales Tax (RST)

Insured Benefits Coverage	Legacy Plan (50:50 cost share) monthly premium	Legacy Plan (100% Retiree funded) monthly premium
Single	\$93.94	\$177.44
Family	\$173.77	\$328.66

Who does what?

Canada Life is the provider of these insured benefits policies. This table describes the roles, responsibilities, and contact information for the administration of insured benefits.

Who to contact	Responsibilities
The Canada Life Assurance Company London Benefit Payments P.O. Box 5111, Station "B" London ON N6A 0C5 Toll Free: 1-800-874-5899 TTY Line - available for the deaf or hard of hearing Toll Free: 1-800-990-6654 Website: canadalife.com	<ul style="list-style-type: none"> • Administers the insured benefits policies • Responds to retired members' questions and all issues related to claims reimbursement and coverage for a particular medical service or supply • Pays eligible claims and eligible life insurance proceeds
Treasury Board Secretariat For appeals only: The Secretary, Insurance Appeals Committee Benefits Policy, Human Resources Division Ferguson Block, 13th Floor, 77 Wellesley Street, West Toronto ON M7A 1N3	<ul style="list-style-type: none"> • Determines the insured benefits coverage and sets the eligibility criteria • Manages the appeal process for insured benefit coverage issues
Ontario Pension Board Pensioner Services 200 King St. West, Suite 2200 Toronto ON M5H 3X6 Telephone: 416-364-8558 Toll Free: 1-800-668-6203 clientservice@opb.ca Website: OPB.ca	<ul style="list-style-type: none"> • Deducts and remits premiums to Canada Life as applicable • Provides forms at retirement and upon request to retired members and their survivors • Makes available online the booklets that summarize the coverage under the insured benefits policies • Refers enquiries about benefit coverage to Canada Life
PSPP Employer	Refers retired members and survivors for assistance concerning the following: <ul style="list-style-type: none"> • Payment of eligible claims • General claims enquiries • Details concerning benefits coverage
PSPP Retired Member/Survivor	<ul style="list-style-type: none"> • Submits all claims directly to Canada Life • Submits appeals concerning coverage issues directly to the Treasury Board Secretariat • Notifies OPB of any change of coverage <p>Note: If you call Canada Life directly, you must provide the Canada Life Policy Number AND your OPB Client Number for identification</p>

Note: This document describes the main features of PRB plans and/or Optional Upgrades Packages. However, it is not a legal document and, in particular, does not form a contract between eligible participants, OPB, the Crown, and/or Canada Life.